

World Health Day 2024

My Health, My Right

 NATIONAL INSTITUTE FOR
OCCUPATIONAL HEALTH
Division of the National Health Laboratory Service

The theme for World Health Day 2024 promotes the protection of people's right to have access to quality health services, education and information, as well as safe drinking water, clean air, good nutrition, quality housing, decent working and environmental condition and freedom from discrimination.

In the world of work, various stakeholders play a critical role. Government, employers and individuals should partner to contribute towards this goal



GOVERNMENT

Laws, systems and engagement

- Uphold implementation of the country's laws towards achieving better health for all
- Ensure access to quality health care
- Ensure health in all policies (HiAP) approach to protect and promote the health of the population
- Strengthen leadership, governance, health financing, human resources and stakeholder empowerment



WORKPLACE

Decent work space conditions

- A healthy and safe environment to all persons affected by processes of the workplace
- Promotion of a conducive culture and access to health care
- Effective controls and monitoring systems
- Freedom from discrimination



INDIVIDUAL

Owning your health & your rights

- A healthy, safe and conducive environment
- Access to healthcare, confidentiality, privacy and informed consent
- To be heard and have a say concerning health services and participate meaningfully
- Protect your rights – join a forum/ platform for advocacy
- Recognition of broader human rights*

*Broader human rights: access to safe drinking water, clean air, good nutrition, quality accommodation, freedom from violence and discrimination
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References: The Constitution of the Republic of South Africa. Patients' Rights Charter. Occupational Health and Safety Act (85 of 1993). Employment Equity Act (55 of 1998). <https://www.who.int/campaigns/world-health-day/2024/key-messages>