

Division of the National Health Laboratory Service



Principles of Workplace Health Risk Assessment (with HBAs Focus)

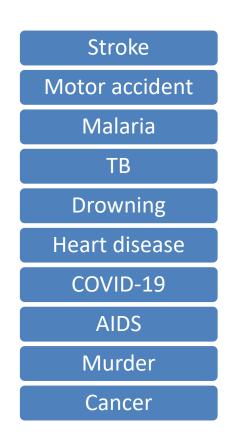
Presenter: Gabriel Mizan (NIOH)

29 April 2021



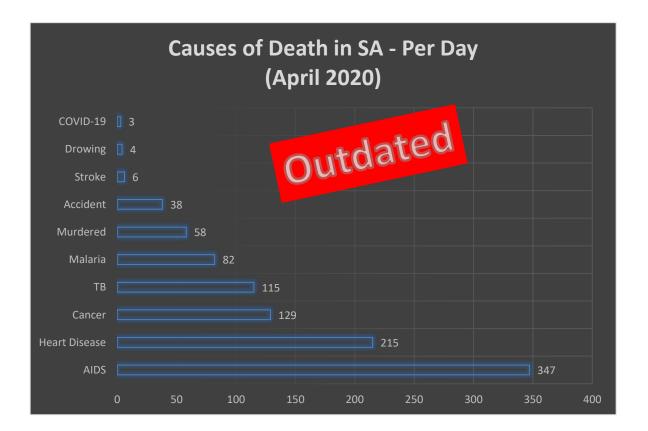
Causes of Death in SA

(Rate from high to low risk)









Source: social media (caution!)





What is a Health Risk Assessment?

Information gathering and review process leading to:

- Valid and informed judgment about health hazards and risks
- Taking steps to achieve & maintain adequate control
- Decisions on workplace monitoring and health surveillance





Hazard and Risk

<u>**Hazard</u>** = The capacity or potential to cause harm</u>

- Relates to intrinsic properties
- Remains the same

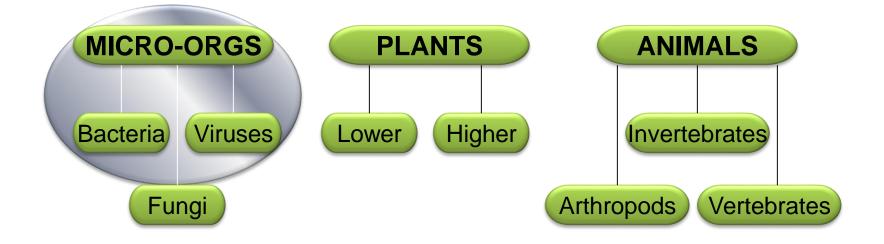
<u>**Risk</u>** = The likelihood or probability that harm will occur</u>

- Depends on the circumstances
- Varies





Categories of HBAs







HBA: Hazard Groups

Hazard Group	Characteristics	Examples
1	Unlikely to cause human disease	Fungi and yeasts
2	 Can cause human or animal disease Laboratory exposures may cause serious infection Effective treatment / prophylaxis available The risk of spread of infection is limited 	Legionella, Influenza A & B, Meningitis
3	 Causes serious human or animal disease May spread to the community Effective treatment / prophylaxis available 	Anthrax, HIV, TB SARS-COV-2?
	 Causes serious human disease High risk of spreading to the community No effective treatment / prophylaxis 	Ebola, Congo fever





Calculating and Prioritising Risks

- The severity / consequences of exposure (the health hazard)
- Probability / frequency of **exposure**

Risk = Hazard x Exposure





The Risk Matrix

Health		Ex	posure Rati	ng				
Hazard Rating	Very Low (0)	Low (1)	Moderate (2)	High Very Hig (3) (4)				
0								
1		Low Risk						
2								
3			Medium Risk					
4				High Risk				
5								





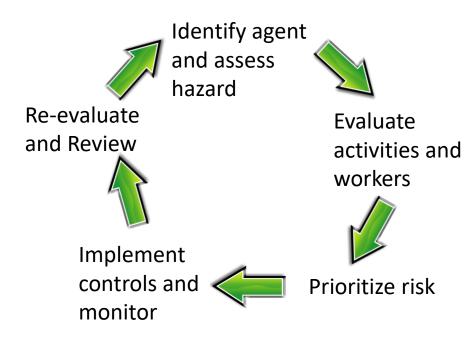
The Risk Matrix (worker)

EMPLOYEE VULNERABILITY GROUP		EXPOSURE RISK GROUPS										
MPLOYEI ULNERAE		LOW	MEDIUM	HIGH	VERY HIGH							
	LOW	1	2	3	4							
SROUP	MEDIUM	2	4	6	8							
	HIGH	3	6	9	12							
	VERY HIGH	4	8	12	16							





Basic Steps in Workplace Risk Assessment



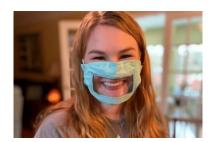
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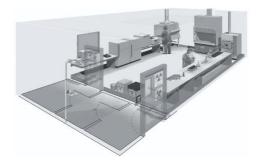


Risk Control (Hierarchy)

- Prevention
- Engineering
- Administrative
- PPE



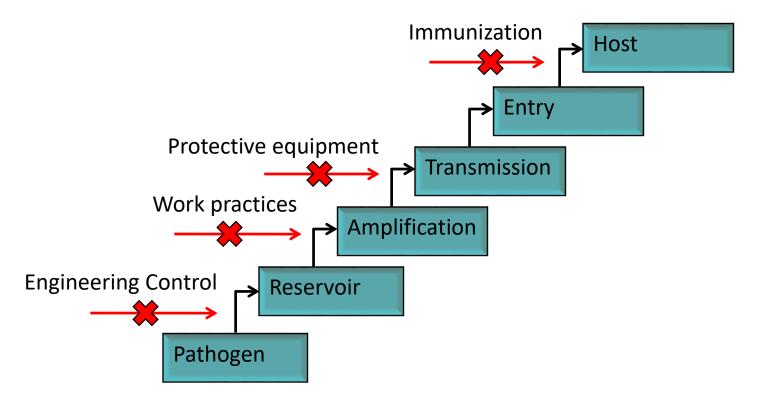








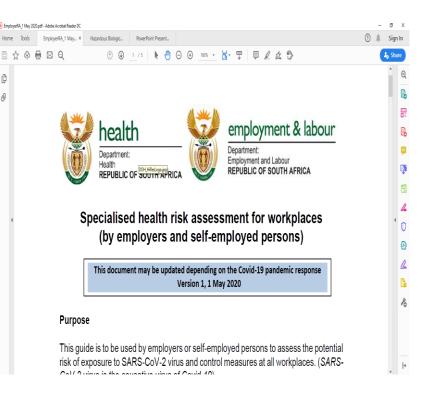
HBAs – Control Interventions





Legal Requirements – HBA Risk Assessment

- Required under Reg. 6 (1) of the HBA Regulations (2001)
- Specialised health risk assessment for workplaces, 1 may 2020
- H&S reps and committee must be informed
 - Before the assessment
 - Make findings available
- The assessment must cover (among others):
 - The nature of work processes and activities
 - The nature and route of potential exposure to SARS-CoV-2
 - Who might be exposed, and how
 - Existing control measures, including possible deterioration / failure thereof





Legal Requirements – HBA Risk Assessment (cont'd)

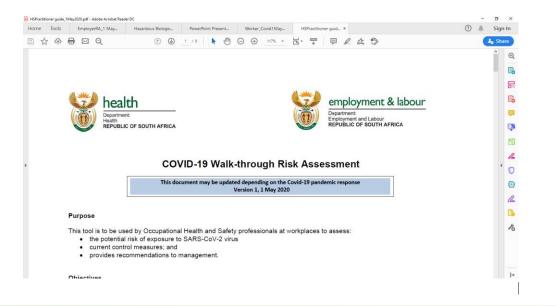
- Must be done by a "competent" person:
 - The risk assessment process
 - HBAs Regulations
 - SARS CoV-2 classification, health risk and control measures
 - Can be done in-house but a ROH or Safety Professional advisable
- Control hierarchy of control
 - Standard precautions (hand washing, sanitising, distancing, PPE)
 - Transmission based precautions (droplets, aerosol, contact, airborne)
- Review the assessment
 - If the current one no longer valid
 - If methods, equipment or procedures change
 - Following a COVID-19 case
 - On-going



COVID-19 Walk Through Risk Assessment

- Assess the risk of exposure to SARS-CoV-2 at workplaces
- Assess the effectiveness of existing control measures
- To inform the employer / employees of the potential risk and additional controls that might be required

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Topics to be Assessed

- Education, training and awareness
- Hygiene measures
- Physical (social) distancing
- Engineering controls
- Administrative controls
- Personal protective equipment (PPE)
- Safe work practices
- Waste management
- Safety equipment
- Emergency response

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	1.1	Staff COVID-19 education/communication programme Contractor staff COVID-19 education/communication programme									_				
	1.2					n programme									
	1.3	PPE donning and doffing training programme											_		
	1.4	Health status self-monitoring and reporting /or questionnaire for employees													
	2.	Hygiene / cleaning measures									-				
	2.1	Work surfaces are decontaminated with appropriate disinfectants at appropriate intervals										-			
Ī	2.2	Equipment are decontaminated before and after use													
Ī	2.3	Hand washing basin is present (located near room exit)													
Ī	2.4	Soap and paper towel or once off use material towel available at handwashing basin								1					
t i	2.5	Hand washing procedure is done, on entering the workplace, after removing PPE, and before leaving the workplace) and at various other times during the course of the day e.g. use of abultions, etc.													





Priority Areas to be Assessed (examples)

- Workplace entry / exit points
- Change house facilities
- Canteen / dining areas
- Waiting areas
- Conference / training areas







Problems with HBA Risk Assessment

- No threshold (safe) level of exposure, although risk is related to dose
- No exposure limits
- HBAs are common in the environment
- Uncertainties regarding the routes of exposure
- Individual susceptibility / vulnerable workers
- Limited resources for risk mitigation





Why Risk Assessment?

C O N T R O L !

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Source: Dreamstime.com

