





Principles of Health Risk Assessment (with HBA Focus)

Gabriel Mizan NIOH

Causes of Death in SA (Exercise: rate from high to low risk)

Stroke

Motor accident

Malaria

TB

Drowning

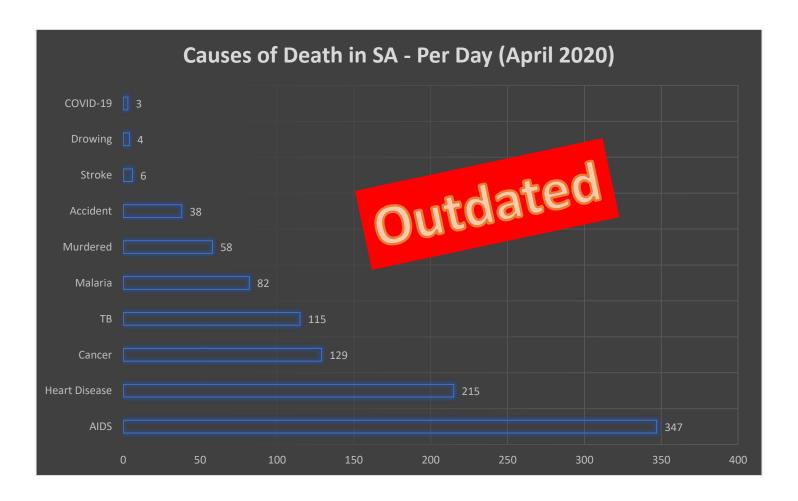
Heart disease

COVID-19

AIDS

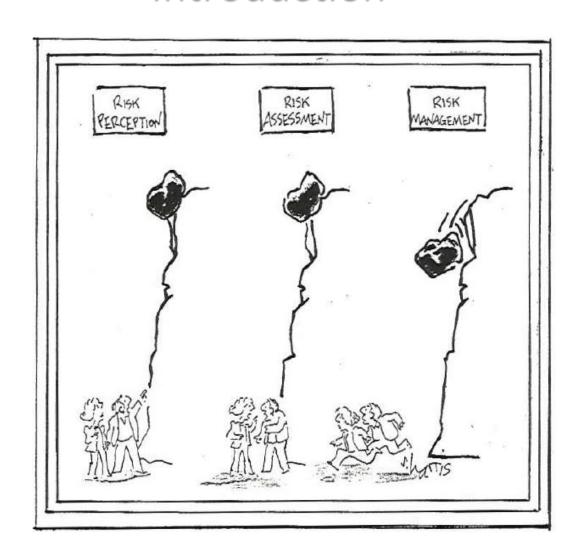
Murder

Cancer



Source: social media – caution!!!

Introduction



What is a Health Risk Assessment?

Information gathering and review process leading to:

- Valid and informed judgment about health hazards and risks
- Taking steps to achieve & maintain adequate control
- Decisions on workplace monitoring and health surveillance

Hazard and Risk

Hazard = The capacity or potential to cause harm

- Relates to intrinsic properties
- Remains the same

Risk = The likelihood or probability that harm will occur

- Depends on the circumstances
- Varies

HBA: Hazard Groups

Hazard Group	Characteristics	Examples
1	Unlikely to cause human disease	Fungi and yeasts
2	 Can cause human or animal disease Laboratory exposures may cause serious infection Effective treatment / prophylaxis available The risk of spread of infection is limited 	Legionella, Influenza A & B, Meningitis
3	 Causes serious human or animal disease May spread to the community Effective treatment / prophylaxis available 	Anthrax, HIV, TB
4	 Causes serious human disease High risk of spreading to the community No effective treatment / prophylaxis 	Ebola, Congo fever SARS-COV-2

Calculating and Prioritising Risks

- The hazard (severity / consequences of exposure)
- Probability / frequency of exposure

Risk = Hazard x Exposure

Plotting the Risk

l loolth	Exposure Rating						
Health Hazard Rating	Very Low (0)	Low (1)	Moderate (2)	High (3)	Very High (4)		
0							
1		Low Risk					
2							
3			Medium Risk				
4				High Risk			
5							

Plotting the Risk

E M		EXPOSURE RISK GROUPS				
EMPLOYEE VULNERABILITY GROUP		LOW	MEDIUM	HIGH	VERY HIGH	
ITY GRO	LOW	1	2	3	4	
OUP	MEDIUM	2	4	6	8	
	HIGH	3	6	9	12	
	VERY HIGH	4	8	12	16	

Steps in Workplace Biohazard Risk Assessment

Identify agent and assess hazard



Evaluate and Review

Evaluate activities and workers





Implement controls and supervise

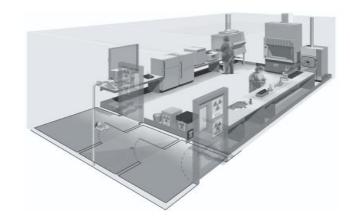


Prioritize risk

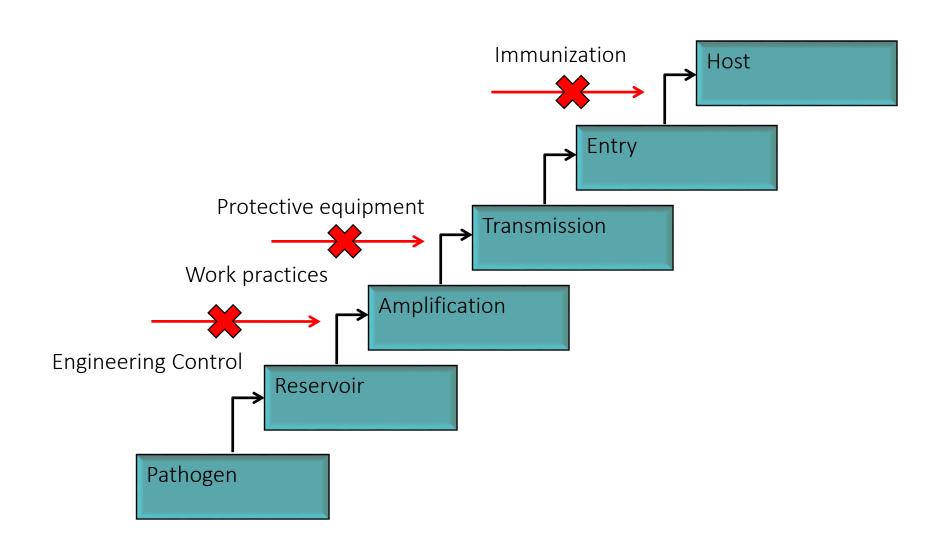
Risk Control

- Prevention
- Engineering
- Administrative
- PPE



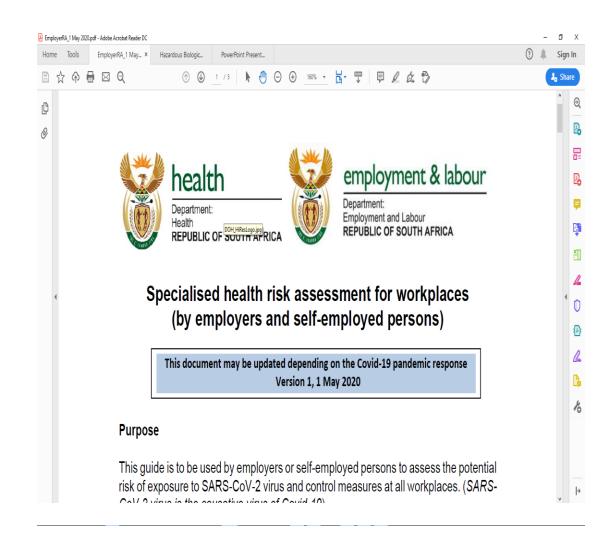


HBAs – Control Interventions



Legal Requirements – HBA Risk Assessment

- Required under Reg. 6 (1) of the HBA Regulations (2001)
- Specialised health risk assessment for workplaces, 1 may 2020
- H&S reps and committee must be informed
 - Before the assessment
 - Make findings available
- A record of the assessment must be kept, including:
 - The nature of work processes and activities
 - The nature and route of potential exposure to SARS-CoV-2
 - Who might be exposed, and how
 - Existing control measures, including possible deterioration / failure thereof

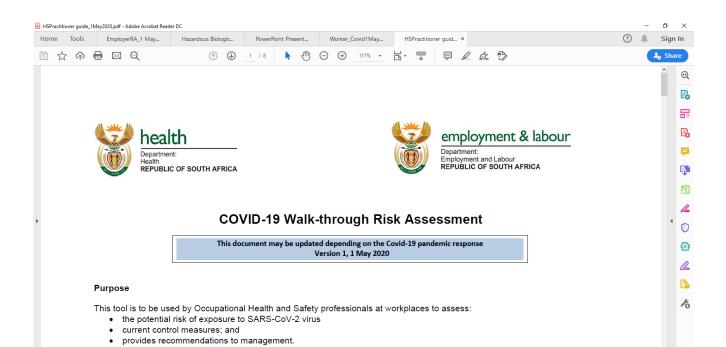


Legal Requirements – HBA Risk Assessment (cont'd)

- Must be done by a "competent" person:
 - The risk assessment process
 - HBAs Regulations
 - SARS CoV-2 classification, health risk and control measures
 - Can be done in-house but a ROH or Safety Professional advisable
- Control hierarchy of control
 - Standard precautions (hand washing, sanitising, distancing, PPE)
 - Transmission based precautions (droplets, aerosol, contact, airborne)
- Review the assessment
 - If the current one no longer valid
 - If methods, equipment or procedures change
 - Following a COVID-19 case
 - On-going

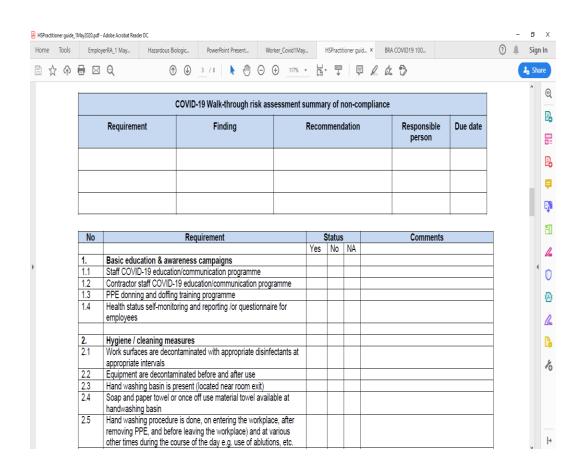
COVID-19 Walk Through Risk Assessment

- Assess the risk of exposure to SARS-CoV-2 at workplaces
- Assess the effectiveness of existing control measures
- To inform the employer / employees of the potential risk and additional controls that might be required



Topics to be Assessed

- Education, training and awareness
- Hygiene measures
- Physical (social) distancing
- Engineering controls
- Administrative controls
- Personal protective equipment (PPE)
- Safe work practices
- Waste management
- Safety equipment
- Emergency response



Priority Areas to be Assessed (examples)

- Workplace entry / exit points
- Change house facilities
- Canteen / dining areas
- Waiting areas
- Conference / training areas



Problems with HBA Risk Assessment

- No threshold (safe) level of exposure
- No exposure limits
- HBAs are common in the environment
- Uncertainties regarding the routes of exposure
- Individual susceptibility / vulnerable workers
- Limited resources for risk mitigation

Why Risk Assessment?



Gabriel (Gaby) Mizan

Occupational Hygienist
National Institute for Occupational Health
GabrielM@nioh.ac.za

www.nioh.ac.za

