

## **COVID-19 (CORONA VIRUS) AND LANDFILL SITES WASTE PICKERS**

The 2019 novel coronavirus (SARS-CoV-2) is a new respiratory illness that can affect your lungs and airways and make people sick especially those with low immunity. The illness is caused by a virus called Corona Virus (COVID-19) disease and can be mild similar to the common cold or more severe like pneumonia. All sections of society, including businesses, self-employed and employers, must play a role to stop the spread of this disease.

### COVID-19 TRANSMISSION

**The virus spreads when these droplets get into your:**

**Eyes** **Nose** **Mouth**

Sometimes the COVID-19 person's saliva or droplets can get on other things...

**Hands** **Doors** **Devices** **Mouse** **Cups** **Pens** **Handrails** **Utensils**

And if you touch any of these things by accident, and then touch your face, rub your eyes or your loved ones face, you might become susceptible to getting COVID-19.

### SYMPTOMS FOR A SUSPECTED COVID-19 CASE

(WITH OR WITHOUT OTHER SYMPTOMS; NICD CASE DEFINITION 18 MAY 2020)

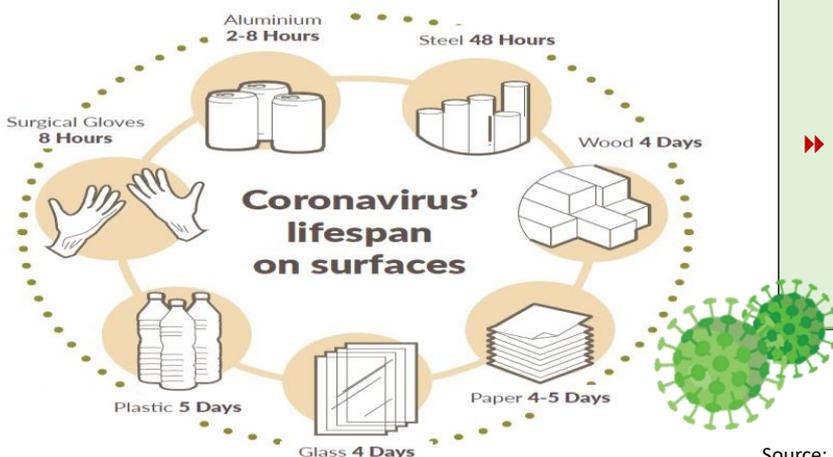


### HOW IS COVID-19 DIAGNOSED?

If you suspect you may have COVID-19, then a laboratory test would be required. Specimens collected may include combined nasopharyngeal and oropharyngeal swabs, sputum, tracheal aspirate or broncho-alveolar lavage. The National Institute for Communicable Diseases (NICD) has detailed information and guidelines for collecting, handling, and transporting clinical specimens from patients under investigation (PUI) to their laboratory.

### WHAT IF THERE IS A CONFIRMED CASE AMONGST WASTE PICKERS?

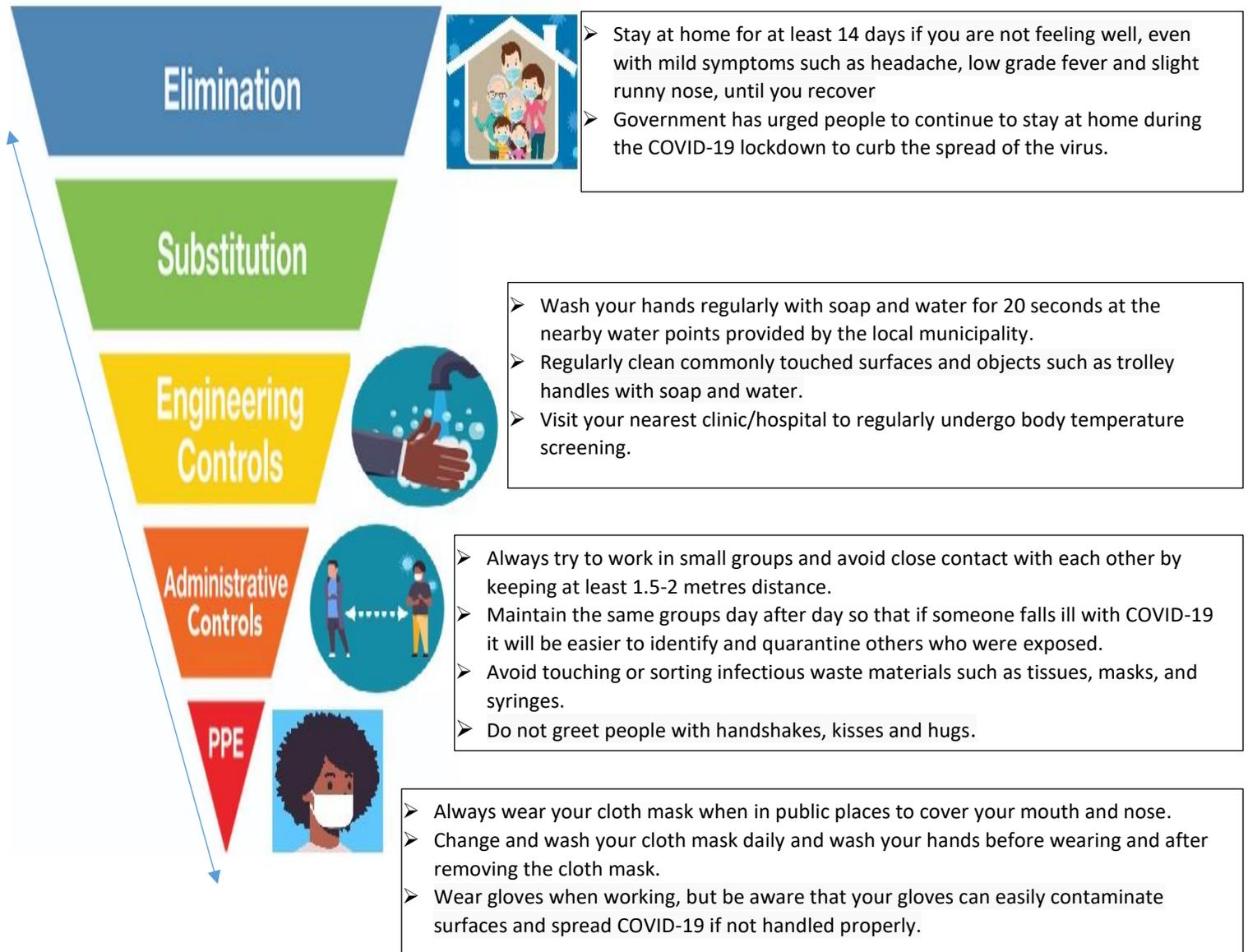
- ▶ Immediately inform waste pickers community leaders to investigate mode of exposure and enforce relevant preventative measures such as self-isolation, temperature screening and wearing of cloth masks.
- ▶ Waste pickers community leaders should inform all the waste pickers about the confirmed cases and of their possible exposure to COVID-19 but maintain confidentiality.
- ▶ Cooperate with the contact tracing officers from the Department of Health. They will assess who has to be placed under isolation and advise if the landfill site should be temporarily closed for decontamination.



Source: <https://www.wiego.org/cuidar-project>

# How waste pickers can protect themselves against COVID-19

## APPLYING HIERARCHY OF CONTROLS TO REDUCE THE SPREAD OF COVID-19



### IMPORTANT NOTICE:

The main benefit of everyone wearing a cloth mask is to reduce the amount of virus containing droplets being coughed up by those with the infection and transmitted to others and to surfaces that others may touch. Since some infected persons may not have symptoms or may not know they are infected, the National Department of Health requires that all persons wear cloth masks when in public places. The use of cloth must always be used with other hygienic methods of prevention such as hand washing and social distancing.

### COVID-19

**COVID-19 Workplace Preparedness & Prevention**  
**HEALTHY, SAFE & SUSTAINABLE WORKPLACES**  
**Workplace Hotline: 0800 2121 75**  
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