











Cleaning Procedures



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INTRODUCTION

The World Health Organization (WHO) and Centres for Disease Control and Prevention (CDC) recommend that appropriate disinfectants with proven activity against enveloped viruses be used to minimize the risk of transmission of COVID-19.

- Examples include
 - hypochlorite (bleach or jik)
 - alcohol (at least 60%)
 - hydrogen peroxide
 - phenolic compounds
 - quaternary ammonium compounds (QAC)

Types of Disinfectants

- Reagents can be Undiluted or diluted
 - Follow manufacturer instructions or product label
- Surfaces: Liquids, surface wipes
 - Disinfect frequently touched surfaces regularly (e.g. door knobs, tables, desks, and handrails etc.)
- Hands: antimicrobial soaps, hand gels and wipes
 - Clean hands at the door and at regular intervals
 - Gels must be allowed to dry (No rinsing)
 - Use proper hand wash technique (e.g. WHO)

Cleaning and Disinfection procedures

- Clean dirty surfaces with detergent or soap and water prior to disinfection
- Wear disposable gloves when cleaning and disinfecting surfaces and dispose after each cleaning
- If reusable gloves are used, should be dedicated (not used for other purposes)

 Ensure adequate supply of cleaning materials for healthy hygiene practices

IMPORTANT TO REMEMBER

- Effectiveness of the cleaning agent is dependant on:
 - Concentration used (e.g. Df 1:4; 99,9%)
 - · Ingredients, storage, application method
 - Volume (e.g. 2ml for hand gel)
 - Contact time (e.g. 10min. 5min, 1min)
 - Compliance standard (e.g. EN, SANS)

- Safety consideration when using the disinfectants:
 - Material Data Safety Sheets (MSDSs)
 - Wash hands after use and moisturise hands
 - Increase air circulation (open window and fan)

References

- WHO
- CDC
- EPA
- NICD/NHLS
- NPIC
- FDA

Thank You