



COVID-19 information for Emergency Management Services (EMS)



COVID-19 symptoms can develop within
2 to 14 days of exposure.



Cough



Fever



Shortness of breath



Sore throat



Headache

Other symptoms include:
Body aches and pains
Weakness or fatigue
Severe respiratory distress

Protect yourself and others



20 seconds



Practice good hand and respiratory hygiene.



Avoid close contact with people who are coughing.



Stay at home if you are ill.



Wipe down all surfaces with disinfectant.



Wear a mask if you have symptoms.

What to do if you suspect you have been exposed to COVID-19

- Alert your supervisor and occupational health clinic immediately for further evaluation.

EMS staff should



Ensure the correct donning and doffing of PPE.



Hand hygiene is essential before donning and after doffing PPE.



Avoid touching your face while working.



Monitor for signs of illness and if symptoms develop, self-isolate and inform your manager.

PPE recommendations for the care of patients with known or suspected COVID-19:

- Put on the appropriate PPE before entering the scene.
- A face mask should be worn by the patient for source control.
- Drivers, if providing direct patient care, should wear all recommended PPE.
- Standard precautionary measures should continue.
- Family members and other contacts of patients with possible COVID-19 should not ride in the transport vehicle, if possible.
- After the patient is handed over, remove and discard PPE appropriately and perform hand hygiene.
- Cleaning of the vehicle after transporting a COVID-19 patient should be managed with appropriate means and controls.