COVID-19 information for Correctional Services

**COVID-19 symptoms can develop within 2 to 14 days of exposure**

- Cough
- Fever
- Shortness of breath
- Sore throat
- Headache

Other symptoms include:
- Body aches and pains
- Weakness or fatigue
- Severe respiratory distress

There is no specific treatment or vaccine for COVID-19.

COVID-19 can only be diagnosed with a laboratory test.

You could get the virus if:
- You come into close contact with someone who has the virus and is coughing.
- You touch an object or surface with the virus on it, then touch your mouth, nose or eyes before washing your hands.

**Protect yourself and others**

Practice good hand and respiratory hygiene.

- Wash your hands well
  - Wash for around 20 seconds.
  - When washing your hands with soap and warm water, do not forget to wash in-between your fingers and the backs of your hands.

What to do if you suspect you have been exposed to COVID-19
- Alert your manager and occupational health clinic immediately for further evaluation.

**Correctional services staff should**

- Screen offenders for COVID-19 symptoms upon intake and isolate persons who are symptomatic.
- Maintain good hand hygiene.
- Avoid touching your face while working.
- Wear PPE when transporting or caring for suspected or known COVID-19 offenders.
- Regularly clean and disinfect high traffic areas and known contaminated areas.
- Monitor for signs of illness and if symptoms develop, self-isolate, follow the advice of NICD and inform your manager.

For more information contact

NICD: 080 002 9999  www.nicd.ac.za
NIOH: info@nioh.ac.za; www.nioh.ac.za

Information in this infographic is correct as at 19 March 2020. Please consult NICD, NIOH, WHO and CDC websites for updated information.